



# Uniquely Therapeutic, Rigorously Academic

The Gamut School combines a therapeutic regulated environment with rigorous academics to help students from 5th to 8th grade thrive academically and socially.

The Gamut School was founded on the principle and philosophy of Dialectical Behavioral Therapy.

Dialectical Behavioral Therapy (DBT) asks students to both accept who they are in the present and work on developing new skills that will help them in the long term. DBT allows for a common language and tool kit for students, parents, and staff alike.

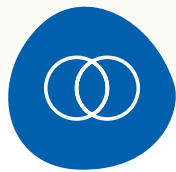
We expect our students to challenge themselves as we meet them with an abundance of academic and therapeutic support. To be successful, cohesiveness between academic instruction and evidence-based therapeutic intervention

is essential; that is why we've chosen the model of Comprehensive School-based DBT.

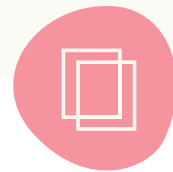
Each of our students will enter our school after facing challenges in their current school settings with a variety of social, emotional, and/or academic challenges, all of which require in-school emotional support. These students require a setting with additional support that cannot be provided in a mainstream setting. Our highly structured academic and social setting is designed to not only keep our students stable but also to flourish, with the ultimate goal of reintegration into mainstream education. By providing emotional and social support through our unique programs, the Gamut School helps students succeed in a competitive academic environment and achieve their personal goals.

## Our 4 Pillars

We offer four pillars to support our students' growth throughout their educational journey.



**Therapeutic Approach  
Delivered in School**



**Rigorous Academics  
with Support**



**Socioemotional  
Growth**



**Mastery Through  
Community Engagement**